

**Prepared, Respect, Integrity, Determination, Excellence**



## **Athletic Handbook**

**Kayla Kelly, Principal**

**Donovan Dahl, Athletic Director**

## **Sportsmanship Mission Statement**

*The Buhl Indians view good sportsmanship as a conscientious effort by students, parents, staff and participants to maintain a positive environment during all school activities. Our goal is to promote positive school spirit, community involvement, and a sense of pride through mutual respect, encouragement and intelligent decisions.*

## **Buhl Student Athletic Code of Conduct**

Participating in extra-curricular activities and co-curricular activities is a privilege. As a student participating in these activities, you have the responsibility to conduct yourself according to the highest standards of behavior at all times. Students involved in school sponsored activities either on or away from the school premises are expected to obey their school officials, respect property, maintain order and decorum, and conduct themselves in such a manner as to reflect credit upon themselves and their school.

Participants who fail to follow or adhere to prescribed rules and policies will be disciplined and their opportunity to participate in extra-curricular and/or co-curricular activities may be denied or limited.

**Extra-curricular activities** are defined as those activities which take place outside of the regular school day and do not involve class credit. This code of conduct also applies to students participating in cheerleading and student government as well as students involved in activities for which school letters are awarded.

**Co-curricular activities** are defined as any activity held in conjunction with a credit-bearing class but outside of the regular school day including, but not limited to, activities such as drama, music and speech.

**Sport Season** extends from the first authorized day of practice (established by the I.H.S.A.A) through the final postseason competition. For those dates not established by the I.H.S.A.A., the starting and ending date will be established by the middle school principal.

## **Academics Eligibility**

Grades will be checked the last school day before a competition and will count until the following week. Any student being found with any "F" will be placed on a probationary period. During the probationary period, students are eligible to participate in all team activities. If at the beginning of the next week (1 week on academic probation) the student is still found to have any "F's", the student will be ineligible to participate in competitions until they do not have an "F". During this time, students may participate in practices but will not be allowed to participate in athletic events. Once a student does not have any F's, they will be allowed to fully participate. Ineligible students will not be allowed

to travel for away games, but are expected to sit and support the team in street clothes at home games.

Any non-public student involved in an extra-curricular activity shall be subject to all the same eligibility standards as a regular full-time student. Grade reports are due to the Middle School athletic director every MONDAY during the season. Students who fail to turn in grade reports will be ineligible to play until grade reports are turned in.

### **School Attendance Requirements**

A student must be in school at least FOUR class periods (1/2 day of school) during the day to participate in an activity that day. An exception would be made if the student has an approved medical appointment, which would require a signed statement from the doctor. Other exceptions will only be granted by the building administration.

Students are expected to attend school and practice the day before a competition and after a competition.

### **Suspensions**

Any students who have received out of school suspension (OSS) will not be allowed to participate in any practices or games on the day(s) of their suspension. All in-school suspension students will be allowed to practice. Any students with continual ISS will lose playing opportunities or possible suspension from games.

### **Activity Card**

Any student participating in an extra-curricular or co-curricular activity must purchase an activity card (\$40) for the current school year.

### **Participation Fee**

Any student participating in athletics must be required to pay the \$50 participation fee to help offset the cost of athletics.

### **Athletic Team Travel**

All students in extra-curricular and co-curricular activities must ride to and from their destination on the bus with the team. The only two exceptions are: an injury that would make traveling on the bus very uncomfortable or if a parent makes advanced arrangements for taking their child after the game.

1. Prior approval must be made with the coach.
2. The proper Student Activity Release form must be signed by the parent/legal guardian and returned to the activity sponsor/coach.
3. Do not ask if another student participating in that activity may stay with you or ride home with you.

4. Students may only be taken by their parents.
5. Violation of the above procedures will result in loss of participation in that activity and possible suspension or dismissal from the team.

### **Athletic Equipment**

All athletic equipment will be issued by the coach of the sport in which the student participates. Equipment and supplies lost or destroyed by the player will be paid for by that individual. All equipment that is not returned on the due date will be assumed lost and the student will be charged the replacement value of the lost item(s).

### **Physical Exam:**

The State Activities Association and the Buhl School District require a current physical examination form be on file for a student to participate in athletics. The Buhl School District requires a physical examination to be done yearly and must be dated after May 1<sup>st</sup> to participate the following school year.

### **Emergency Information**

Students participating in athletics must provide emergency contact information to the school by completing the Participant Emergency/Consent Athletic Information form.

### **Insurance**

Each student who participates in activities is encouraged to be insured for personal injury through private insurance or through the insurance company which has the consent of the school to provide low cost individual coverage. Each participant must indicate his/her preference for school insurance, private insurance, or no insurance for personal injury by initialing & signing the Participant Emergency/Consent form.

### **Practice**

There will be no MANDATORY practices or games on Sunday. In addition, there will be no mandatory practice allowed on snow days or days when school is closed due to emergency.

### **Use of Facilities**

No student group or group of students will use the gym or any other athletic facility unless under the immediate supervision of a coach or faculty member.

### **Athletic Injury Policy**

Any student who is injured in athletics and is sent to a doctor with an injury will not be allowed to participate in any activity until he/she has presented the coach with a written statement from the doctor releasing the student to participate.

## **Athletic Participation Rules**

The following training rules shall be followed by middle school and high school students/athletes participating in district sponsored programs.

1. The sale, distribution, consumption, use or possession of alcoholic beverages, tobacco products, or controlled substances (i.e., illegal drugs) is strictly prohibited. Violation of this policy will be considered an “offense” towards the student substance and administrative sanctions listed in this handbook.
2. The theft or possession of clothing, equipment, or other materials from another school is strictly prohibited. Violation of this policy will result in automatic suspension or dismissal from the team.
3. Athletes may be suspended from a team’s competition for violating school rules.
4. Any student that is truant from school will not be allowed to compete in any game competition. They will be allowed to practice with the coaches permission.
5. Any student accused of or cited for violating Federal or State laws may be temporarily suspended or dismissed from his/her athletic team pending a hearing with district administrators.

Each head coach may develop training rules for their sport in addition to those listed above. Such rules shall be approved by the building principal and activities director on or before the first official day of practice.

If an investigation reveals that a student/athlete violated this policy, the student and his/her parent/guardian shall be notified of the violation and any pending disciplinary action. If requested by the student and his/her parent/guardian, a meeting will be scheduled with school officials to discuss pending disciplinary action. The student’s due process rights will be honored at all times.

## **Parents and Community Involvement**

1. Everyone is encouraged to attend and support all school activities.
2. Everyone is expected to be positive role models by demonstrating good sportsmanship and personal leadership.
3. Complaints will be addressed individually and never as a group.
4. Protocol must be followed correctly:
  - a. Take the concern to the assistant/head coach of the specific sport at the appropriate level. It is the goal of the district to resolve every concern at this level.
  - b. If there is still a concern, it will be taken to the athletic director along with the coach or coaches.
  - c. If the concern persists, it will be taken to the building principal.
  - d. If the concern still has not been resolved, then it will be taken to the superintendent.
  - e. The last step in the protocol if nothing has been resolved by the previous four steps, then he/she may appeal to the local school board of trustees by getting their concern placed on the agenda of the next regularly scheduled meeting.

## **Hazing Prohibition Policy**

This school district seeks to promote a safe environment where students may participate in a variety of extracurricular activities without compromising their health, safety, or welfare. Membership is intended to provide students with athletic, social, intellectual, leadership, and service opportunities to complement the academic program. Hazing is defined as any act by person, whether individually or in concert with others, against a student as a condition of attaining membership, or any office or status, in connection with any district-sponsored group or organization, when such act is intended or is reasonably expected to have the effect of humiliating, embarrassing, or demeaning a student. Hazing/bullying will NOT be tolerated. Any act could result in suspensions or possible dismissal from the team.

No student or staff member shall ever require, encourage, authorize, or permit a student to be subjected to any of the following:

- Total or substantial nudity
- Compelled ingestion of any substance
- Physical assaults or offensive physical contact
- Abandonment
- Confinement of a student to an unreasonably small, unventilated, unsanitary, or unlit areas
- Sleep deprivation
- Assignment of pranks to be performed by a student
- Any activity undertaken for the purpose of causing ridicule or humiliation

## **Drug Testing**

Students participating in extra-curricular activities must have a completed signed Drug Test Permission form on file. All athletes will have mandatory drug testing.

## **Student Substance Abuse Policy**

Athletics: Mandatory Testing

Intent: The central goal of the Buhl High School athletic department drug policy is to prevent drug use in athletics and, where detected, to eliminate it, preferably through medical treatment and education rather than in discipline.

At the beginning of each sport season ten percent (10%) of the athletes will be tested. Throughout the school year at least five percent (5%) of the total number of students may be tested biweekly. This will be all randomly drawn by an outside entity.

### **First Offense**

1. Six (6) week substance education class.

2. Communications will be established among school counselor, drug counselor, and parent(s).
3. Suspended from all competitive athletics for two (2) weeks from date of infraction during the (sport) season they are competing in or the next season if the offense happens out of season; the coach has the option to allow the student to attend practice sessions.
4. Mandatory random drug testing for three (3) months at parent's cost.

### **Second Offense**

1. Suspended from all athletics for four (4) weeks from the date of infraction during the (sport) season they were scheduled to participate in or from the next season that they will compete if the offense occurs out of season; the coach has the option to allow the student to attend practice.
2. Continued communications among school counselor, drug counselor, and parent(s).
3. Mandatory random drug testing for six (6) months at parent's cost.

### **Third Offense**

1. Suspended from all activities for the current and subsequent (sport) season they were scheduled to participate.
2. Continued communications among school counselor, drug counselor, and parent(s).
3. Mandatory random drug testing for six (6) months at parent's cost.

### **Fourth Offense**

1. Suspended from all the activities for the remainder of their high school eligibility.
2. No attendance at school activities for a minimum of 90 school days from date of infraction.

Note: References to a first, second, and third offense is defined as during the time the student is continuously enrolled in the Buhl MiddleSchool. The countdown does not start anew if the student re-enrolls after withdrawing from the district (i.e., withdrawal for any reason.) Furthermore, a first offense Reasonable Suspicion or Voluntary Disclosure incident equals a first offense Voluntary/Random incident, etc. The administration reserves the right to modify the policy.

# **BMS SPORTS**

## **Rules and Expectations**

**Principal: Kayla Kelly**

### **Player Responsibilities**

1. All Players will treat coaches, parents, officials and opponents with dignity and respect.
2. All players, regardless of ability and/or playing time are equal members of the team. Each player will treat all teammates with acceptance, respect and friendship.
3. All players will provide maximum effort in practice and games.
4. Attendance at all practices, team meetings and games are MANDATORY. While injured players may be unable to play, they are still expected to arrive on time, listen to coaches, and encourage teammates and assist the team.
5. When players miss practices and/or games, playing time in future games may be affected.
6. Players are to be on time for all practice and games. Tardiness may affect playing time in games.
7. Players are expected to directly seek understanding and resolution when questions or problems arise with coaches and teammates.
8. Players are expected to conduct their personal lives in a manner that brings honor to themselves and the team. This includes school performance, self-respect, and healthy behaviors.
9. No DRAMA, during the season, we are a FAMILY. If any issues with each other, bring to attention of the coaches, NOT OTHER PLAYERS.
10. 7th grade players will stay until half time of the 8th grade game to watch the skills and support the upperclassman.

### **Parent Responsibilities**

1. All Comments by parents and their guests from the sidelines will be encouraging and/or complimentary. Parents and guests will refrain from making comments about player's mistakes or error.
2. Parents will refrain from making derogatory comments to referees at any time.
3. Coaching is to be done by coaches on staff. Parents agree to refrain from coaching or directing their child or other players during all games or practices.
4. Parents will make sure their daughter attends all practices/games and on time!
5. Parents will support coaches and encourage their athlete to do the same.
6. If your athlete is going to be tardy/absent to school for ANY reason, the parent/guardian MUST contact the Middle School office/coach/athletic director as soon as possible. Students must be at school for 4 out of 8 classes the day of any practice or game to participate.



7. If a concern arises after a practice or a game a 24 hour rule is in place to ensure cooler heads prevail. This means no parent nor bystander may approach the coaching staff, with a concern, until 12-24 hours has elapsed.

### **Coaching Responsibilities**

1. Coaches are responsible to abide by the rules of conduct embodied in the spirit of this document.
2. Coaches will balance individual growth, social development, and the acquisition of basketball knowledge and skills in working with individual players and the team as a whole.
3. Coaches will train players to play with good sportsmanship and to abide by the rules of the game.
4. Coaches will promote a positive atmosphere in all BMS activities.
5. Coaches will devote the time and skill necessary for the good of the team.
6. Coaches will push and challenge each player in the program to be the best they can be.
7. The coaching staff's main goal is to get each player to play their full potential and put each player in a position to help the team be successful.
8. Coaches will treat players, parents, officials and opponents with respect.
9. Coaches will maintain an open-line of communication with their parents and players.

### **Practice IS MANDATORY!**

1. No cell phones (to be left in locker room)
2. Hustle; No walking!
3. Conditioning during practice is per the coaching staff, per how they feel is best to help the team as a whole.
4. Sportsmanship
5. Teamwork, play/practice hard, positive image on and off the court. Be a role model to other teammates, be a positive leader.
6. Practice like you would play in a game.
7. 15 minutes early to practice, is ON TIME, dressed down and ready to go.
8. No tank tops, sweatshirts, muscle shirts, jewelry, and hair pins.
9. Hair up, always!
10. HYGIENE! HYGIENE! HYGIENE! Always have deodorant.
11. Have your OWN water bottle. Filled before practice begins.
12. Pick up after yourselves in the gym. NOTHING LEFT BEHIND!
13. 2+ Unexcused absence (Off the team)
14. 3+ Excused (off the team) -Extreme circumstances are understood-

## **Games**

1. Cell phones will be collected before we get on the bus, then released once we arrive back to Buhl.
2. Players are required to ride the bus to away games, Athletes will ONLY be released to their parent/legal guardian after the game.
3. Sit together as a team at games. No running around, they are to work on homework or cheer on other Buhl teams.
4. Home Games- Spirit pack T-shirt & Jeans okay. No holes in jeans.
5. Away games-Dressed up, Sunday best, NO JEANS!

## **Academics**

Grades will be reported EVERY Monday morning. Any student being found with any "F" will be placed on a probationary period. During the probationary period, students are eligible to participate in all team activities. If at the beginning of the next week (1 week on academic probation) the student is still found to have any "F's", the student will be ineligible to participate in competitions until they do not have an "F". During this time, students may participate in practices but will not be allowed to participate in athletic events. Once a student does not have any F's, they will be allowed to fully participate. Students on probation will not be allowed to travel for away games, but may sit and support the team in street clothes at home games.

## **Chain of Command**

Parents will discuss player and/or team concerns and problems directly with the coaches. These discussions must NEVER take place before/after a game. A meeting will be scheduled with Coaches to address an issue or concern. If an issue/concern is unresolved a meeting with both coaches and the Middle School AD, Donovan Dahl, will be scheduled. If still unresolved, a meeting with the MS principal, coaches, MS AD and Varsity Coach will be scheduled. During the meeting other players will NOT be discussed. Remember, it is not the best players. It is the players that work together the best!

**I have read and understand the athletic policies set forth by Buhl School District and Buhl Middle School.**

**Athlete Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Coaches Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**AD Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_